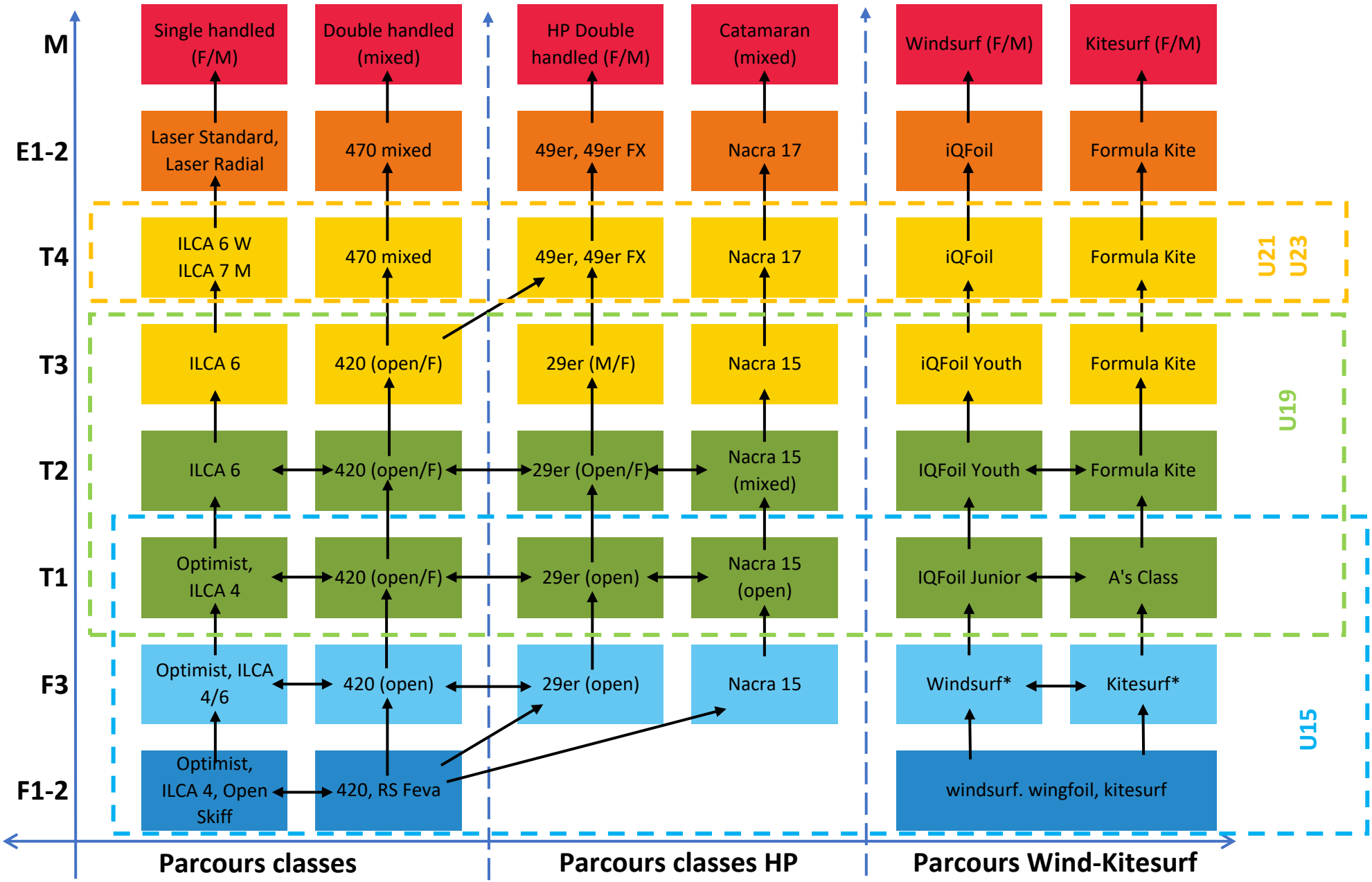Parcours de l'athlète